

Your Role as an Adult Advisor



Your Coaching Skills Are Needed.

As an adult volunteer, your role is to advise girls on matters like:

- Community resources
- Networking
- Setting SMART goals
- Using resources (like time) wisely
- Safety concerns
- Budget feasibility

However, when it comes to the Interest Project (IP) ideas and activities themselves your role should be “hands off”—this is the girl’s chance to really shine!



Advisor Help for Empowering Girls

The *STUDIO 2B Video: Opening the Door (An Advisor’s Guide)* (CSP #40515 \$3.25) is a valuable tool for developing a *By Girls, For Girls* approach in all you do. Check with your Girl Scout council to see if they can provide you a copy of *STUDIO 2B: Opening the Door: Tips for Advisors Companion Guide*, too.

Tips for Advising Girls 11-17

- Encourage girls to set goals that enable them to grow—but are also reasonable in scale and scope.
- Take a *By Girls, For Girls* approach by empowering girls to plan and lead their experiences while making yourself available for advice and help as needed.
- Take a *By Girls, For Girls* approach by acknowledging and respecting what girls want to do; suggest alternatives when their requests can’t be met.
- Promote safety by:
 - 1) Referencing *Safety-Wise*
 - 2) Consulting your council as needed

3) Engaging adults with more expertise

- Advise girls on building and enriching their networks—what other girls and adults share their interest? Who in the community can help their project?
- Up the “fun factor” by building “girl time” into activities—their busy lives are already filled with so much work; they’ll appreciate your efforts to make sure they’re having fun, too!