

Thousand Islands Girl Scout Council

OUR COUNCIL'S OWN PATCH

Safe and Sound at Home

for Brownie and Junior Girl Scouts



Girl Scouts of the U.S.A have always been concerned about the safety of children. In today's society, that concern is as great as ever, and The Thousand Islands Girl Scout Council, Inc. is responding with special projects designed to educate girls in personal safety and in developing the skills children need to feel secure and spend time meaningfully when on their own.

The Safe and Sound at home Troop Patch Program was designed to meet the needs of Brownie and Junior Girl Scouts who are spending a period of time at home alone or with younger children in the family. The information is also useful for girls who are temporarily being cared for by an adult unfamiliar with their particular household and their family rules.

Requirements: Complete eight of the following requirements, one from each group, PLUS the starred () requirement in Section 1.*

1. Be Prepared:

- Have each girl make decorative posters with her family's emergency numbers on it. These should be posted next to each phone in her home.
- * Have each girl demonstrate that she knows how to answer the phone properly, how to answer questions safely and how to make an emergency call correctly.
- Make a list of tools and sports equipment that can be unsafe. Tell why it is not wise to touch it without adult supervision. After the troop has made a list, have each girl look for these items in her home and see if they are put away properly and in a safe place.

2. How's Your Safety Sense:

- Have each girl draw a map of her home with adult help, if necessary, and locate each of the following: fuse box, water main turn off, and thermostat. Also, draw a suitable fire exit plan. Include how to get out from each level, where to meet outdoors, etc.
- Make a list of hazards that you find in your home or in your meeting place; include fire, safety, poisons, and possible tripping hazards. Find and list as many safe things as possible such as smoke alarms, fire extinguishers, cleaning supplies out of reach and in well marked containers and safely installed handrails on stairways.

3. First Aid:

- Have a first aider come to a troop meeting and give a demonstration, or visit an emergency room or a fire station/rescue squad.
- Make a troop or personal first aid kit. Consult Safety-Wise for a list of items to include.

4. Caring for Yourself:

- As a troop, discuss and list things to do when first arriving home alone. Discuss ways in which we can take care of ourselves and our belongings in a helpful way to parents.
- Do one of the following as a Troop:

	<p>a.) Make a board game for safety sense</p> <p>b.) Design a puppet show about handling emergency phone calls and home emergencies.</p>
5.	<p>Food for Thought:</p> <p><input type="checkbox"/> Talk about and learn the food pyramid and what makes up a nutritious snack.</p> <p><input type="checkbox"/> Do one of the following:</p> <p>a. Make a nutritious snack at a meeting</p> <p>b. Make up a troop recipe book of nutritious snacks.</p>
6.	<p>Games for One or More:</p> <p><input type="checkbox"/> As a troop, make a list of games for one person or design a new game for one person.</p> <p><input type="checkbox"/> As a troop, make up a list of games for two or more people. List them in categories of quiet or noisy and indoor or outdoor games. Also list any safety rules to be considered.</p>
7.	<p>Being Together with Brothers and Sisters:</p> <p><input type="checkbox"/> As a troop, make up a list of possible problems of being at home alone with a younger and/or older sibling. Discuss possible preventions and remedies for each problem. (for example, do not lock doors to closets or bathrooms etc when playing – you may get locked in or out.)</p> <p><input type="checkbox"/> Make a list of acceptable activities to do with brothers and sisters. Consider their ages and interests when making this list.</p>

COUNCIL'S OWN PATCH ORDER FORM: SAFE AND SOUND AT HOME

Please complete the information below, enclose a check made payable to: *Thousand Islands Girl Scout Council*, and mail to: Thousand Islands Girl Scout Council, 253 State Street, Watertown, NY 13601.

Troop Number _____ Troop Level _____ Leader Name _____
 Neighborhood _____ Council _____

Leader mailing address _____

Evaluation enclosed. If your evaluation is not enclosed, your order may be delayed until it arrives.

Number registered girls: _____
 Number of girls completing requirements: _____
 Number of adults completing requirements: _____

_____ patches x \$ 1.00 =	
Postage cost (\$1 for each dozen patches for orders in continental US)	
TOTAL	